

ISLAMIC EDUCATION AND GUIDANCE COUNSELING AS SOLUTION OF EDUCATION PROBLEMS FOR PEOPLE WITH DISABILITIES

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Abstract. The aim of this research is to describe Islamic education and Islamic guidance and counseling techniques for overcoming learning difficulties in people with disabilities. This research uses a qualitative approach with a type of library research by analyzing library sources related to the main research problem, formulating the problem, and selecting reading sources that are relevant to the field of study. The results of this research include that learning difficulties can be experienced by both normal people and people with disabilities. This research offers a solution to learning difficulties by implementing Islamic education and counseling guidance. Islamic education is integrated with Islamic counseling to diagnose learning difficulties, create an appropriate learning atmosphere, provide motivation, provide advice, collaborate with other parties, and applies individual and group guidance methods. It is hoped that this service can help counselees gain knowledge about their position and the courage to make a decision to do something that is considered good, correct, and useful.

Keywords: *Islamic education, Islamic guidance counseling, education problems, people with disabilities*

Introduction

Disability is a term that has recently become popular and refers to children and people who have physical disorders or disabilities. Persons with disabilities are people who have special needs because they need assistance to support their activities. Disability is not just a health problem, but is a complex phenomenon that reflects the interaction between a person's body and the society in which he lives (Muntaha et al., 2020). The problem with the term disability is its social perspective on the functional analysis of health and disease (Zaid, 2020). Illness is similar to social deviance in that it is a common element in the realization of the role of normal people and, furthermore, the embodiment of legitimacy for sick people. This is done to strike a balance between identifying incompetence and preventing distorted motivation (Mubasyaroh, 2015). It is necessary to realize the seriousness of handling people with disabilities based on Islamic advice so that the approach chosen is adapted to the situation and problems of children with disabilities (Sholeh, 2015). The main aim of disability terminology is to improve the designation of people with disabilities and increase their dignity. Because its meaning influences the perspectives, assumptions and ways of thinking of people with certain disabilities (Triutari, 2014). Apart from people with disabilities, able-bodied children also face learning problems. Islamic counseling is also needed to help them deal with it, solve their problems, adapt to their environment, become independent, and take action to become independent individuals (Sholeh, 2015). This research aims to describe Islamic orientation and counseling techniques to overcome learning difficulties for people with disabilities.

Materials and Methods

This inquiry about employment is a subjective approach with a sort of library inquiry about by analyzing library sources related to the most inquired-about issue, defining the issue, and selecting perusing sources that are pertinent to the field of thinking about (Creswell and Creswell, 2017; Arikunto, 2010). The most objective of the inability wording is to refine the title and lift the respect of individuals with incapacities since the meaning influences the point of view, suspicions, and mentality of individuals with a few inabilities (Triutari, 2014). Other than individuals with inabilities, the typical child moreover faces learning issues. They require Islamic direction counseling to handle and offer assistance to them so they can illuminate their issues, adjust to the environment, and do something by themselves to be a free individual (Sholeh, 2015). The reason for this thought is to portray Islamic counseling direction methods in managing learning troubles for individuals with inabilities.

Results and Discussion

Islamic viewpoint towards individuals with incapacity

People within the Islamic viewpoint are the foremost idealized frame of Allah's creation. There's no flawlessness higher than people but Allah, indeed although a few people were created with flawed physical conditions. Since what happens to people could be a blessing from God (Sa'adillah et al., 2020). All people have the same rights and commitments in any case of their social, instructive, or physical foundation, but what separates them is the angle of devotion and confidence (Mustakim et al., 2020). Islamic history instructs how society ought to see and treat individuals with incapacities as they rise. As clarified in asbab an-nuzul surah 'Abasa verse 4, in Tafsir Jalalain, one day, an individual named Abdullah Ibnu Ummi Maktum came to see the Prophet. He said in an uproarious voice to the Prophet: "Instruct me everything that God has instructed you." Since he was dazzling at that time, Abdullah Ibnu Umm Maktum did not know that the Prophet was an active assembly of the Quraish pioneers. The Prophet yearned for them to change over to Islam, and this caused the Prophet to turn his confront away from him to meet the Quraish pioneers (Sholeh, 2015).

Feeling disregarded, Abdullah Ibnu Umm Maktum said: "Do my words bother you, sir?" The Prophet replied: "No." And after, that a disclosure came that censured the Prophet's state of mind. After that, the Prophet continuously said each time he visited: "Welcome to the individual who caused my Ruler to reproach me for this." At that point, the Prophet advertised his turban as a situation for Abdullah's container Ummi Maktum. At that point, the Prophet gave him certainty and designated him chairman. He was the moment individual within the early period of Islam, sometime recently the Hijrah, who was sent by the Prophet to lecture to Medina. Islamic legitimate specialists in 1981 put forward the "Widespread Islamic Statement of Human Rights" which was received from the Koran and Sunnah. The Statement of Human Rights comprises of 23 chapters and 63 articles covering all angles of human life. A few of the fundamental rights mentioned within the statement are the correct to life, flexibility, balance, equity, security from mishandle of control, security from torment, honor and respect, opportunity of thought and discourse, opportunity to select religion, and flexibility to select religion. Socializing and organizing, overseeing financial life, getting social security, starting a family and everything related to it, women's rights in hitched life,

and the proper to instruction (Sholeh, 2015). Instruction may be a right and commitment for everyone without exemption, counting individuals with inabilities. Since people are learning animals, they are born without any information, states of mind, and aptitudes. At that point, they develop and create, know, get it and ace numerous things (Vanková, 2020). This handle happens through learning that utilizes one's claim potential and capacities (Surah An-Nahl, 16:78; Az-Zumar, 39:9; At-Taubah, 9:122, and Ali-Imran, 3:187).

People require information to get it to the universe and its environment. With science, people can investigate the universe and utilize it for the good things about life in the world (Nur et al., 2020). God-fearing individuals develop interminable joy by teaching their ethics based on the requests of science. This implies that individuals with incapacities who are dazzle, hard of hearing, quiet, physically debilitated, and rationally impaired are to a portion of humankind who have the same essential rights and commitments to memorize as other people, and there's no prohibition on them learning and doing exercises alongside people other (Surah An- Nur, 24:61; Surah 'Abasa, 80:1-4).

Instruction for individuals with incapacities

State controls concerning the significance of a person's instruction are expressed in Article 31, passage 1 of the 1945 Structure, which states, "Each citizen has the correct to get instruction". This article clarifies that all citizens, without exception, who involve children with extraordinary needs have the right to get instructive administrations based on their abilities and interface, capacities, and learning needs. The instruction itself could be a cognizant exertion to get ready oneself through direction, educating or preparing exercises as well as a great benefit for one's part within the future (Nur et al., 2020). Instruction alludes to a handle carried out by a country to plan its youthful era to live its own lives and accomplish its objectives successfully and effectively. Instruction could be a preparation embraced by a country to cultivate and create self-awareness among people. Four essential objectives of instruction have been concurred, specifically: giving opportunity for human creatures to develop their identity and nobility; empowering humankind to lock in in dynamic cooperation in society in a state of mind of shared resilience; growing regard for guardians, national values, and the everyday environment; and cultivating regard for human rights, essential flexibilities and keeping up peace. Thus, instruction plays a critical part that's not as it was required by people or bunches, but moreover, each person in realizing and creating their claim profound quality and life within the country (Mamat et al., 2024).

As per Law Number 20 of 2003 concerning the National Instruction Framework, Comprehensive Instruction, get-to-to instruction for each individual with inabilities is becoming more extensive. Based on these two arrangements, most rules of instruction must be based on equity and equity, and instruction must be based on the standards of equity, not biased. This implies that people with incapacities have the right to go to school either in comprehensive schools or in isolated schools (SLB); individuals with incapacities who are considered in comprehensive schools have Uncommon Collaborator Instructors and get extraordinary administrations concurring to their capacities and extraordinary needs; Open schools are not allowed to dismiss individuals with inabilities who have enlisted (Sholeh, 2015). Inability isn't an deterrent, but a distinctive condition experienced by a person. Inclusive schools got to fulfill the rights of individuals with incapacities to get instruction that suits their capacities and needs.

The social demonstrate of inability appears that the impediments confronted by individuals with disabilities in getting to instruction agreeing to their capacities and needs lie within the school framework and environment which is incapable to oblige these needs.

Generally, instruction for individuals with inabilities started in certain schools based on incapacity classifications known as isolated schools. As time goes by, the quick advancement of individuals with inabilities has caused instruction for individuals with inabilities to moreover increment quickly. Individuals with inabilities have the same right to go to normal schools, known as comprehensive instruction (Triutari, 2014). In spite of the fact that Extraordinary Schools are still required, their presence separates understudies with incapacities from common understudies. This condition has not been able to meet the wants of understudies with uncommon has to adjust to students in common. Usually, the contrasts between the SLB and State School educational programs give rise to open disgrace toward SLB graduate understudies. On the other hand, not all understudies with inabilities can take after the open school educational modules. The presence of comprehensive schools and laws and controls that ensure the rights of individuals with incapacities are dynamic steps to dispose of the disgrace against individuals with incapacities. The challenge that comprehensive and uncommon schools will confront is their status to encourage understudies with inabilities amid the move period at school. Individuals with inabilities can join together and blend with society to make a comprehensive society. This moreover has an effect on society, they must acknowledge and back it so they can take part well by disposing of awful shame and other generalizations (Thohari, 2014).

Inability and learning trouble individual

Individuals with incapacities require offer assistance or intercession from other individuals to be able to memorize like other typical understudies (Lee and Lin, 2020). In reality, the government as of now incorporates a legitimate premise concerning the welfare and equality of individuals with incapacities, which is expressed within the UUD RI No. 4 of 1997 concerning People with Incapacities, and the Republic of Indonesia Structure no. 19 of 2011 concerning People with Incapacities. Ratification of the tradition on the rights of people with inabilities, so there's no reason to delay. Be that as it may, it can be caught on that satisfying these respectable beliefs could be a handle that requires time and community support (Mubasyaroh, 2015). Learning challenges are not as it were confronted by understudies with incapacities. It cannot be denied that ordinary understudies moreover involvement in learning troubles (Mehrad, 2019). Somebody who has inabilities and learning troubles is treated with an Islamic counseling approach; it is trusted that uniformity in instruction can be accomplished by breaking even with treatment. At first, learning troubles were interpreted from the term 'learning disability.' Learning troubles are a multidisciplinary concept utilized within instruction, brain research, and medication. Each individual's learning exercises are not continuously carried out as regularly as conceivable; now and then, they run gradually. Learning troubles are naturally invisible. Learning incapacities don't appear physically when compared to those who don't encounter learning inabilities (Rohani, 2019). Classifying learning troubles is troublesome since the challenges are heterogeneous. Usually distinctive from individuals who are blind, hard of hearing, or have homogeneous inabilities. It is typically caused by learning challenges, which have numerous sorts, each of which needs its claim conclusion.

Learning troubles are affected by a few variables, both internal and outside components. The causes of learning challenges comprise two components, specifically: inside variables within the form of conceivable neurological work disarranges and outside components within the shape of off-base learning procedures, administration of learning exercises that don't stimulate learning inspiration, and improper support tests (Mahfud et al., 2023). Nerve brokenness can cause an individual to get to be rationally debilitated and involve passionate clutters. Separated from uneasiness, there's a relationship between uneasiness and learning troubles (Zaid, 2020). Nerve brokenness can cause an individual to end up rationally crippled and encounter enthusiastic disarranges. Separated from uneasiness, there's a relationship between uneasiness and learning troubles (Abdurrahman, 2012).

Taking care of the Islamic direction counselling for individuals with incapacity adjustment

Adjustment and socialization are challenges for understudies with inabilities in comprehensive schools. They tend to pull back from connection with understudies in common since they feel diverse. Counseling ought to be given in schools so that all understudies feel rise to and able to socialize without considering their incapacities (Santoso and Apsari, 2017). The conclusion of learning troubles could be a forerunner to assist counseling.

Summarisation of learning challenges

Taking care of children with uncommon needs through counseling ought to be done by diagnosing the counselee, to begin with. The demonstrative strategy incorporates five steps: deciding the child's potential; decide the level of capacity of a field of consider that requires medicinal instructing; deciding signs of disappointment in a field of consideration; analyze related variables; and creating medicinal instructing suggestions (Mubasyaroh, 2015). There are seven demonstrative steps to deciding learning challenges; counting: Recognizable proof, instructors must decide which children require therapeutic administrations sometime recently carrying out a remediation program. The recognizable proof strategy can be done by considering past reports or notes, which come about from mass insights tests, both separately and with casual rebellious. Need must be prioritized since not all children who are involved in learning troubles require remediation. Subsequently, it is critical to decide on needs, specifically those who will be given medicinal education administrations by the lesson instructor and those who require particular medicinal administrations (Abdurrahman, 2012).

The potential is decided through insights tests. In case the test comes about, an IQ score rises to to or less than 70; at that point, the child is classified as having an incapacity. Children with incapacities cannot be instructed in open schools but are given uncommon direction. Authority of the field of think about that requires remediation must moreover be decided. Medicinal instructors require information with respect to children's learning accomplishments and after that compare them with their insights level. Therapeutic instructors watch and analyze children's learning strategies in deciding signs of trouble. The way a child learns a specific region of study can frequently give symptomatic data around the introductory cause of a trouble. Analyzing different related signs is carried out by instructors who analyze the results of

examinations carried out by specialists such as clinicians, specialists, counselors, and social laborers. This implies that instructors must have fundamental information about different related logical areas. The arrangement of remediation suggestions is carried out by instructors who plan certain suggestions for actualizing medicinal education programs for children with learning challenges, as seen from their determination. To maximize these steps, it is vital to carry out advanced conclusions persistently to progress or increment the viability so that the counseling direction program becomes ideal.

The strategies of Islamic direction counseling in managing with a individual with inability

Five characteristics of Islamic direction and counseling were found, counting: (1) Direction is completely carried out when issues happen and have an effect on the child's brain research, (2) Direction is the method of making a difference each person recognizes and utilize the qualities that exist in him, define objectives, make plans and illuminate existing issues. Confronted in its development; (3) Direction could be a ceaseless preparation, beginning from childhood, puberty, adulthood, indeed ancient age; (4) Direction counseling centers on selecting and deciding issues since the interesting recognitions each person has are related to outside components; (5) Direction is help amid the person improvement handle and does not just coordinate advancement, the point is to create the capacity to coordinate, direct and culminate oneself by cultivating an understanding of issues, qualities and impediments in understanding issues. The Islamic counseling direction show is based on the Qur'an and Hadith. Hence the steps taken are as follows: persuading people that people are animals made by God, so that there are a few arrangements that God has given to all people, concerning human acquiescence to God, people were made to carry out His commandments, confidence, and compliance to people is their nature, so that people accept in Him, they will be secure in this world and the from now on; The part of the counselor is basically to go with, the person himself must apply all his endeavors and capacities to live agreeing to devout requests; Empower and offer assistance people get it and actualize devout lessons competently; and empower and provide the assistance people get it and apply confidence, Islam and ihsan.

Separated from the past strategy, there's too devout direction counting, reinforcing propensities and creating a demeanor of confidence and commitment to Allah; understanding of one's capacities and the heading of their advancement through inventive and profitable channeling exercises; understanding of individual abilities and interface as well as their actualization and advancement through inventive and beneficial exercises; acknowledgment of one's shortcomings and endeavors to overcome them; acknowledgment and understanding of issues; strengthening the capacity to get and express suppositions and express conclusions powerfully, imaginatively and beneficially. Islamic counseling employments two strategies, precisely coordinate and roundabout strategy. Taking care of individuals with inabilities and children with learning troubles in their instruction can be done by executing a few Islamic direction and counseling administrations, making a solid learning climate, giving learning inspiration, coordinating direction counseling administrations, delivering exhortation; administrations through collaboration with other parties; gather direction strategy; person direction strategy.

Islamic education in managing with an individual with inability

Several things are the main points in resolving the problem of learning difficulties using an Islamic religious education approach for children with disabilities: (1) Maximum participation of religious teachers by giving full attention; (2) Sincerity and patience in educating; (3) Continuous education, not stopping before learning is complete; (4) Have clear educational targets and objectives; (5) Advising truth; (6) Providing motivation and spiritual-moral support to raise honor and dignity; (7) Look for the most straightforward and most targeted solutions to the problems you are experiencing.

Conclusion

Islam views education as a right and obligation for everyone without exception, including people with disabilities. Humans are learning creatures, so we are born without knowledge, attitudes and skills, then we grow up and can know and master many things. Persons with disabilities, such as the blind, deaf, mute, handicapped, and speech impaired, are part of humanity and have the same basic rights and responsibilities as other people to learn and seek knowledge, and nothing is prohibited from them. Move with and with others. However, in reality, opportunities and facilities for people with disabilities are largely overlooked, and barriers remain that continue to require supervision, mentoring, and mentoring. Therefore, based on the results of this research, Islamic education and counseling can be used as an alternative solution to overcome these problems.

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Conflict of interest

The authors confirm that there is no conflict of interest involve with any parties in this research study.

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